

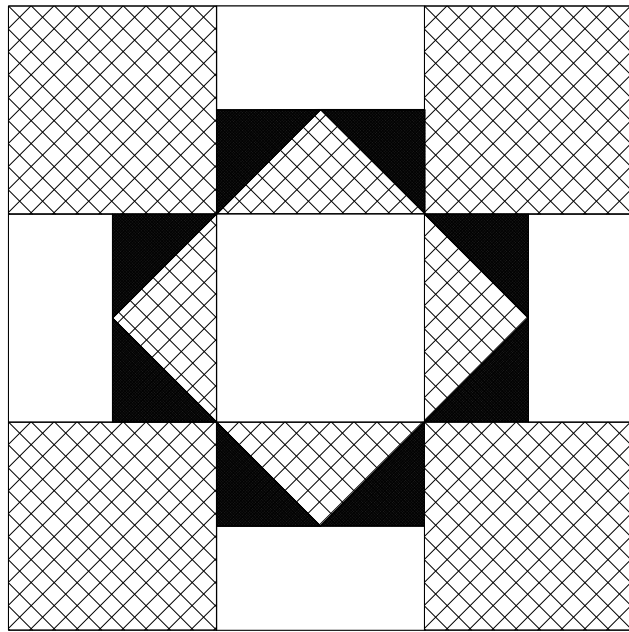
Hearts 'n' Hands Quilt Guild

Block of the Month due at the October 2009 Meeting

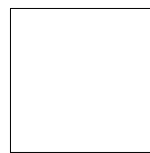
Ladies' Aid Album

Adapted from *501 Rotary-Cut Quilt Blocks* by Judy Hopkins

Directions for 6" [9", 12"] Finished Blocks



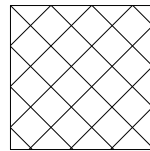
Cutting Directions



Fabric #1

One 2½" [3½", 4½"] Square

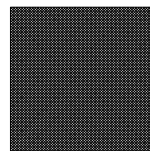
Four 1½" x 2½" [2" x 3½",
2½" x 4½"] Rectangles



Fabric #2

Four 2½" [3½", 4½"] Squares

Four 1½" x 2½" [2" x 3½",
2½" x 4½"] Rectangles



Fabric #3

Eight 1½" [2", 2½"] Squares

Sewing Directions

Flying Geese Units – On the wrong side of the eight (Fabric 3) dark squares, draw a diagonal line. Sew one dark square to an end of the four medium (Fabric 2) rectangle. Repeat for three remaining rectangles. Trim the excess fabric ¼" from the seam line and press towards the dark fabric. Repeat with the four remaining dark squares on the opposite end of the medium rectangles.

With right sides together, sew the four light rectangles (Fabric 1) to the four Flying Geese units. Be sure the triangle point of the Flying Geese unit is the edge sewn to the light rectangle. Press towards the light rectangle.

Lay units out as shown in diagram. Sew units together into rows. Press rows 1 & 3 towards outer units. Press row 2 towards center. Sew rows together. Square block to 6½" [9½", 12½"].